



# Has your child received an autism diagnosis?



Join the National Autistic Society's EarlyBird Plus programme to understand more about autism and how you can support your child.

## EarlyBird Plus programme

Meet other parents and share experiences on our programme. Designed for parents of children aged from four to up to ten, we can help you understand autism and support your child, including:

- supporting interaction
- understanding sensory differences
- developing play
- interpreting behaviour.

**"EarlyBird Plus is an absolute must to help you begin to learn and understand how your child's mind works."**

Parent

We encourage you to attend the sessions with a professional, such as a teaching assistant, who is working regularly with your child.



**This is your local licensed EarlyBird Plus group leader, trained by the National Autistic Society.**

Contact them for more information:

**Name:** Sunderland Carers Centre

**Contact:** 0191 549 3768



## Information and support

Get free resources and expert advice on a wide range of issues affecting autistic people and their families.



**Visit:**  
[www.autism.org.uk](http://www.autism.org.uk)