



# Dementia Advice Service



## Information, advice and guidance 'Within Reach'

**Our Dementia Advice Service can provide information, advice and guidance to any family member or friend of someone with dementia, awaiting a dementia diagnosis or worried about someone's memory**

Sunderland Carers Centre is a local charity that supports anyone who looks after a family member or friend.

Staffed by professionals with a range of specialist knowledge, we offer carers confidential information and advice, direct support or simply an opportunity to talk to someone or get a break from their caring role.

We take a 'whole-family' approach as we understand looking after someone can affect everyone in a household.

Our Dementia Advice Service can provide information, advice and guidance to any family member or friend of someone with dementia, awaiting a dementia diagnosis or worried about someone's memory

This can include:

- General Dementia condition information and how to obtain a diagnosis
- Money Matters and Legal Affairs
- What to expect from health and social care services
- How to obtain an Adult Needs Assessment
- Organising Care at Home
- Signposting to other organisations that can help
- Supported Living and Residential/Nursing Homes
- Accessing support as a carer including a Statutory Carers Assessment
- Equipment and daily living requirements

Helping to improve the lives of people affected by Dementia  
**We are 'Within Reach'**

Get in touch to find out more:

**Pop in:** 9am to 5pm Thompson Road, Sunderland SR5 1SF  
**Phone:** 0191 549 3768  
**Email:** [contactus@sunderlandcarers.co.uk](mailto:contactus@sunderlandcarers.co.uk)  
**Lots more:** [www.sunderlandcarers.co.uk](http://www.sunderlandcarers.co.uk)  
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