

Would like to invite you to take part in their Annual one mile  
Celebration Walk at Herrington Country Park.

**Celebration Walk 26<sup>th</sup> August 2016  
10am – 12am**

**FOR ALL ABILITIES**

**AT  
HERRINGTON COUNTRY PARK**

**REGISTRATION TIME 10-10.30AM  
START TIME 11AM**

**REGISTRATION FEE £5.00**

**COME ALONG AND JOIN THE FUN  
FREE GOODIE BAGS  
MEDALS**

**REFRESHMENTS AVAILABLE**

**Working in partnership with**

**ASDA  
SUNDERLAND HOSPITAL  
NORTHUMBRIA POLICE  
WEA**

**FOR FURTHER INFORMATION AND REGISTRATION DETAILS  
PLEASE CONTACT**

**GILLIAN JACKSON – ON 01912193530  
[gillian.jackson@sunderlandcareandsupport.co.uk](mailto:gillian.jackson@sunderlandcareandsupport.co.uk)**

Celebration Walk 26<sup>th</sup> August 2016  
Registration form

Title

First Name

Surname

Address

Post Code

Telephone Number

Email:

Emergency Contact Details

Name

Telephone Number

Do you consider yourself to have a disability?

Yes

No

**If you require support to take part please bring someone with you**

All forms to be completed and submitted with payment by Friday August  
12<sup>th</sup> 2016

**DECLARATION**

To my knowledge I have no injuries or medical conditions/history that would prevent me from participating in this event. If I do feel ill whilst taking part, I will stop immediately and inform a member of staff. I am aware of and understand the potential risks of taking part in exercise and am happy to participate. Without prejudice Sunderland Care And Support accept no liability for loss or damage however arising whilst taking part in this event. I understand that photographs and videos will be taken at the event and may be used in future publications.

**Name**

**Date**

**Signature**

**For more information contact;**

**Gillian Jackson or Diane Reay on 0191 2193530**

**Email; [gillian.jackson@sunderlandcareandsupport.co.uk](mailto:gillian.jackson@sunderlandcareandsupport.co.uk)**

**\*Sponsorship forms available on request**