

Sunderland Carers' Centre



PAG Carers Group

**The next meeting is on
Friday 6th May 2016
10.00am – 12 noon**

At Souter Lighthouse, Whitburn

To meet at Sunderland Carers Centre at 9.45am

Could you please ring me on 0191 5493768 if you would be attending and confirm if you need a lift or you can offer a place in your car.

The tour of the Lighthouse given by a guard is free and will take approximately 1 ½ hours

There will be tea, coffee and scones

back at the Carers Centre for our return.

Hope to see you then

Andrea Lanaghan