

Where you can find us



Thompson Park, Thompson Road,
Sunderland, SR5 1SF

Telephone: (0191) 537 5740

E-mail address:
reception@sunderlandcarers.co.uk

Website/Facebook/Twitter/Donate:
www.sunderlandcarers.co.uk

The Carers' Centre is open
Monday - Friday 9am – 5pm.
Out of office hours by appointment

Principal funders



Sunderland
Clinical Commissioning Group

Sunderland Carers' Centre

Does your child have special educational needs or disabilities?

Need advice and support about Education, Health and Care Plans?

Independent Support can help!

independent support

Registered Charity No. 1118502
Company limited by guarantee No. 5842011 Registered in England and Wales

Sunderland Carers' Centre
Thompson Park
Thompson Road
Sunderland
SR5 1SF



What is Independent Support?

From 1st September 2014 Statements of Special Educational Need changed to Education, Health and Care (EHC) plans.

Independent Support is a service which provides advice and support to children and young people up to the age of 25 with special educational needs and disabilities and their families who are either transferring from a Statement to an Education, Health and Care plan or requesting support for the first time.

Sunderland Carers' Centre offers a free confidential information, advice and support service to carers in the city of Sunderland.

In addition Sunderland Carers' Centre provides the Independent Support service to children, young people and their families in Sunderland and has a team of trained Independent Support Workers who can help you through the EHC assessment and planning process.

The service is independent from the local authority and other services so our team can offer impartial advice and support and represent your points of view to other professionals.

An Independent Support Worker will:

- help you understand the local referral process and 'local offer'
- act as a named contact person throughout the EHC assessment and planning process
- attend meetings with you for support
- help you put together the one page profile
- contact a range of local services for you to help you gather the information required for an EHC plan
- provide you with information to help you understand personal budgets
- signpost you to Information, Advice and Support Services (IASS) and other specialist services when the issue is outside the work of Independent Support – IASS was previously called the Parent Partnership Service
- tell you about the other services available to carers from Sunderland Carers' Centre

If you cannot come to the Centre, our staff can arrange to visit you at home or other suitable place.

If you work during the day, someone will also be able to meet you after 5.00pm or at weekends.

Would you like to know more?

I would like a worker to contact me:

please tick

Name:

Address:

Post Code:

Tel:

Email:

Which best describes the condition of your child?

Physical Disability

Learning Disability

Autism Spectrum Disorder

Hearing or sight impairment

Other

Do you have other children that help care for your child?

Yes No

I would like to receive the free newsletter:

by post by email

This leaflet can be made available in large print, audio and other languages.

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